GOVERNMENT DEGREE COLLEGE
R. S. PURA

REPORT

OF

ACHIEVEMENTS/ACTIVITIES

FOR THE MONTH OF JUNE, 2026

No: GDC/RSP/26/ 3009 **Dated: 01.07.2026**

ACHIEVEMENTS/ACTIVITIES CONDUCTED FOR THE MONTH OF JUNE, 2026

S.No	Date	Title of the Activity	Brief Description	Image
1	05.06.2026	**GOVERNMENT DEGREE R.S. PURA CELEBRATES WORLD ENVIRONMENT DAY WITH PLANTATION DRIVE, "EK PED NASHA KE VIRUDH" CAMPAIGN AND BIRD CONSERVATION INITIATIVE**	Department of Environmental Sciences, Eco-Club, NSS, NCC in collaboration with Drug Deaddiction Committee of Government Degree College (GDC) R.S. Pura celebrated World Environment Day with great enthusiasm and a strong sense of environmental and social responsibility. A plantation drive, an awareness programme under the theme **"Ek Ped Nasha ke Virudh"** and a bird conservation initiative was organied by the college. The programme witnessed active participation from faculty members, NSS volunteers, students, non-teaching staff, and representatives of a NGO, who joined hands to promote environmental protection and community welfare. The event commenced with an awareness session highlighting the significance of World Environment Day, observed globally on 5th June to encourage action towards environmental conservation. As part of the celebrations, a plantation drive was organized within the college campus. Faculty members and students planted a variety of saplings and pledged to care for them, reaffirming their commitment to increasing green cover and preserving ecological balance. The activity aimed to instill environmental consciousness among students and encourage them to become responsible stewards of nature. Also, the programme was symbolically connected environmental conservation by the campaign **"Ek Ped Nasha ke Virudh"** with the mission of building a drug-free society. Participants dedicated each sapling to the cause of a **Nasha Mukt Bharat**, spreading the message that just as trees nurture life and provide a healthy environment, society must protect its youth from the harmful effects	  **GDC R.S. Pura marks World Environment Day with plantation drive, anti-drug campaign** J&K NEWS SERVICE 

			of substance abuse. Adding a unique dimension to the celebrations, a local NGO **Public Welfare Front** contributed to bird conservation efforts by donating water pots, wooden nests and feeding pots for birds. These earthen water pots were installed at various suitable locations to help birds cope with the intense summer heat and water scarcity. The initiative highlighted the importance of compassion towards all living beings and encouraged students to actively participate in biodiversity conservation and wildlife protection. The chairman of NGO Mr. Zorawar Singh Shahbaz emphasized that small acts of kindness, such as providing water for birds, can make a significant difference in safeguarding urban and rural biodiversity. The other members of the NGO present in the event were Mandeep Kour, Rajni Kumari, Seema Rani, Bachan Lal,Arjun Das and Amarjeet Singh. Addressing the gathering, Principal of the college, Prof (Dr) Preetpal Kour underscored the interconnection between environmental sustainability, biodiversity conservation, and social well-being. They encouraged students to adopt eco-friendly practices, protect wildlife, and actively support initiatives aimed at creating a healthier and drug-free society. The programme concluded with a collective pledge by participants to protect the environment, conserve biodiversity, plant and nurture trees, provide care for birds and other wildlife, and contribute towards the objectives of the **Nasha Mukt Bharat Abhiyan**.	
2	22.06.2026	**GDC R.S. PURA OBSERVES THE 12TH INTERNATIONAL DAY OF YOGA WITH TWO-DAY CELEBRATIONS FOCUSED ON "YOGA FOR HEALTHY AGEING"**	Government Degree College (GDC), R.S. Pura celebrated the 12th International Day of Yoga (IDY) 2026 with great fervour and enthusiasm through a two-day programme organized on June 20 and 21, 2026 under the esteemed patronage of Prof. (Dr.) Preetpal Kour, Principal of the College. The celebrations were held in accordance with the theme of the International Day of Yoga	

			2026, “Yoga for Healthy Ageing.” The programme was jointly organized by the NSS Unit, NCC Unit (Boys), NCC Unit (Girls) and the Department of Physical Education and Sports of the college. The celebrations commenced on June 20 with a special yoga session for the teaching and non-teaching staff of the college. Teaching and non-teaching members actively participated in various yoga asanas and breathing exercises aimed at promoting physical fitness, mental well-being and a healthy lifestyle. The main event was held on June 21 in the college premises where staff members (teaching and non-teaching), NSS volunteers and NCC cadets from both boys and girls wings participated in large numbers. The participants performed the Common Yoga Protocol and various yogic practices, highlighting the significance of yoga as a holistic approach to health and wellness. The yoga session was conducted by Dr. Roopali Slathia, Physical Director, Department of Physical Education and Sports who demonstrated different yoga postures and pranayama techniques and sensitized the participants about the physical, mental and emotional benefits of regular yoga practice. Addressing the gathering, Prof. (Dr.) Preetpal Kour, Principal of the college emphasized the transformative role of yoga in promoting physical fitness, mental resilience, emotional balance and overall well-being. Describing yoga as India’s timeless gift to humanity, she highlighted its relevance in contemporary society and encouraged the adoption of yoga as a way of life. Referring to the theme “Yoga for Healthy Ageing,” she urged students, staff members (Teaching & non-teaching) to incorporate yoga into their daily routine for a healthier, happier and more productive life. The Principal, under the 100 Days of Nasha Mukt Bharat Abhiyan, administered the Nasha Mukt Bharat pledge and urged participants to uphold social	    **GDC R.S. Pura marks International Day of Yoga with two-day programme** 

			responsibility, commit to a drug-free society, and spread awareness on the ill effects of substance abuse. She also appreciated the efforts of the NSS and NCC units and the Department of Physical Education and Sports for successfully organizing the two-day programme and spreading awareness about the benefits of yoga among the youth. The programme was coordinated by NSS Committee members, NCC Unit (Boys), Dr. Roopali Slathia, Physical Director, Department of Physical Education and Sports and Dr. Kiran Lata, CTO, NCC 8 J&K Girls Battalion whose dedicated efforts ensured the smooth and successful conduct of the event. As part of the concluding segment of the celebrations, the Nasha Mukt Bharat Abhiyan pledge was administered to all participants. All the teaching and Non-teaching members, NSS volunteers and NCC cadets collectively reaffirmed their commitment to a drug-free lifestyle and pledged to spread awareness about the harmful effects of substance abuse. The event concluded with a collective resolve to foster a healthy, responsible and addiction-free society, reflecting the true spirit of the International Day of Yoga.	

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PRINCIPAL